

12+ MONTH MENU

It's recommended water or milk are offered with meals.

3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING
TEA 🍌 🍎

Full Cream Milk
Seasonal Whole
Fresh
Fruit & Vegetables

Apple & Cinnamon
Greek Yoghurt
Seasonal Whole
Fresh
Fruit & Vegetables

Maleny
Dairy Custard
Seasonal Whole
Fresh
Fruit & Vegetables

Full Cream Milk
Seasonal Whole
Fresh
Fruit & Vegetables

Natural
Greek Style Yoghurt
Seasonal Whole
Fresh
Fruit & Vegetables

LUNCH 🍌 🍌

Kickin' Apricot
Chicken with Pilaf
Roast Beef & Sweet
Potato Sandwich
Baked Beans Sub

Prehistoric Pasta
with Chicken
Bolognaise
Guacamole Sandwich
Chicken & Tomato Roll

Delicious Dahl
with Turmeric Rice
Apricot Spread
Sandwich
BLT Ham, Lettuce
& Tomato Sauce Sub

Vegetable Pasta
with Minced Beef
Cream Cheese
Sandwich
Beef Bolognaise Roll

Beef Lasagne
with Ricotta
PeaNOT Butter
Sandwich
Wrap Chicken,
Carrot & Satay Sauce

AFTERNOON
TEA 🍌 🍌

Strawberry Scroll
Seasonal Whole
Fresh
Fruit & Vegetables

Plain Rice Crackers
Cheese Strips
Seasonal Whole
Fresh
Fruit & Vegetables

Apple & Strawberry
Slice
Seasonal Whole
Fresh
Fruit & Vegetables

Cheese Pizza Muffins
Seasonal Whole
Fresh
Fruit & Vegetables

Cheddar Cheese
Rice Crackers
Hommus Dip
Seasonal Whole
Fresh
Fruit & Vegetables

 No Nasties

 Love Local Produce

 Nourishing Nosh

 Kid Approved



12+ MONTH MENU

It's recommended water or milk are offered with meals.

4

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING
TEA

Natural
Greek Style Yoghurt
✓
Seasonal Whole
Fresh
Fruit & Vegetables

Maleny
Dairy Custard
✓
Seasonal Whole
Fresh
Fruit & Vegetables

Full Cream Milk
✓
Seasonal Whole
Fresh
Fruit & Vegetables

Maleny
Dairy Custard
✓
Seasonal Whole
Fresh
Fruit & Vegetables

Mixed Berry Greek
Style Yoghurt
✓
Seasonal Whole
Fresh
Fruit & Vegetables

LUNCH

Satay Chicken
✓
Ham & Cheese
Sandwich
✓
Strawberry Scroll

Butter Chicken
with Brown Rice
✓
Cream Cheese
Sandwich
✓
Mexibean Chicken
Slider

Veg Loaded
Mac 'n' Cheese
✓
Strawberry Spread
Sandwich
✓
Ham & Tomato Sub

Ragu Bolognaise
with Elbow Pasta
✓
PeaNOT Butter
Sandwich
✓
Chicken, Spinach
& Pumpkin Wrap

Cottage Pie
(Beef)
✓
Apricot Spread
Sandwich
✓
Butter Chicken Pizza

AFTERNOON
TEA

Water Crackers
✓
Cheese Squares
✓
Seasonal Whole
Fresh
Fruit & Vegetables

Choc Beetroot
Brownie
✓
Seasonal Whole
Fresh
Fruit & Vegetables

Cheese & Tomato
Scroll
✓
Seasonal Whole
Fresh
Fruit & Vegetables

Banana Blueberry
Slice
✓
Seasonal Whole
Fresh
Fruit & Vegetables

Cheddar Cheese
Rice Crackers
✓
Guacamole
✓
Seasonal Whole
Fresh
Fruit & Vegetables

 No Nasties

 Love Local Produce

 Nourishing Nosh

 Kid Approved



12+ MONTH MENU

It's recommended water or milk are offered with meals.

1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING
TEA

Maleny Dairy Custard
Seasonal Whole Fresh Fruit & Vegetables

Pineapple Greek Style Yoghurt
Seasonal Whole Fresh Fruit & Vegetables

Maleny Dairy Custard
Seasonal Whole Fresh Fruit & Vegetables

Natural Greek Style Yoghurt
Seasonal Whole Fresh Fruit & Vegetables

Full Cream Milk
Seasonal Whole Fresh Fruit & Vegetables

LUNCH

Pasta Napolitana with Cheese
Chicken & Pumpkin Sandwich
Strawberry Scroll

Chicken Stroganoff & Rice
Chicken, Lettuce & Mayo Sandwich
Cream Cheese Sandwich

Chickpea Hot Pot
Ham & Cheese Sandwich
Guacamole Roll

Nona's Spag Bol (Beef)
Black Cherry Spread Sandwich
Cheese & Grated Carrot Sub

Beef Korma (Mild) & Rice 'Now Dairy Free'
Roast Beef & Sweet Potato Sandwich
PeaNOT Butter Sandwich

AFTERNOON
TEA

Rice Thins
Cream Cheese
Seasonal Whole Fresh Fruit & Vegetables

Cheesy Scroll
Seasonal Whole Fresh Fruit & Vegetables

Nourish Bar
Seasonal Whole Fresh Fruit & Vegetables

Plain Rice Crackers
Roast Beetroot Hommus Dip
Seasonal Whole Fresh Fruit & Vegetables

Oaty Apple Slices
Seasonal Whole Fresh Fruit & Vegetables



No Nasties



Love Local Produce



Nourishing Nosh



Kid Approved



12+ MONTH MENU

It's recommended water or milk are offered with meals.

2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING
TEA

Maleny Dairy Custard
Seasonal Whole Fresh Fruit & Vegetables

Full Cream Milk
Seasonal Whole Fresh Fruit & Vegetables

Full Cream Milk Muesli Munch
Seasonal Whole Fresh Fruit & Vegetables

Passionfruit Greek Style Yoghurt
Seasonal Whole Fresh Fruit & Vegetables

Maleny Dairy Custard
Seasonal Whole Fresh Fruit & Vegetables

LUNCH

'Not So' Chilli Con Carne Beef & Brown Rice
Ham & Cheese Sandwich
Strawberry Scroll

Pumpkin & Mix Beans Curry & Rice
Chicken & Guacamole Sandwich
Cream Cheese Sandwich

"Not" Fried Rice
PeaNOT Butter Sandwich
Wrap Ham & Grated Carrot

Hungarian Goulash with Couscous
Roast Beef & Sweet Potato Sandwich
Baked Beans Sub

Satay Vegetable Noodles
Raspberry Spread Sandwich
Chicken, Cream Cheese & Corn Roll

AFTERNOON
TEA

Cheese Squares
Rice Thins
Seasonal Whole Fresh Fruit & Vegetables

Passionfruit Hummingbird Slice
Seasonal Whole Fresh Fruit & Vegetables

Corn Thins
Cream Cheese
Seasonal Whole Fresh Fruit & Vegetables

Cheddar Cheese Rice Crackers
Guacamole
Seasonal Whole Fresh Fruit & Vegetables

Cheese & Pineapple Scroll
Seasonal Whole Fresh Fruit & Vegetables

 No Nasties

 Love Local Produce

 Nourishing Nosh

 Kid Approved

