



*Yummies for
Little Tummies*

★ KIDS FOOD ★ YUMMY ★ NUTRITIOUS ★ DELIVERED ★ KIDS FOOD ★ YUMMY ★ NUTRITIOUS ★ DELIVERED ★

Special Dietary Request Form

Congratulations, your child is now part of the 'Healthy Growth Program' to help teach healthy eating habits at an early age. The program focuses on laying a solid foundation for nutrition at an early age, an important skill for life that will promote the health of your child. Yummies for Little Tummies provides special dietary foods for children with specific medical conditions and/or religious reasons.

It's important you give all information on this form regarding your child for anaphylaxis, food allergies & intolerances, including types of foods and cooking methods which affect the allergy and intolerances.

Child's Name:.....**Name of Centre:**.....

Days attending:.....**Room Name:**.....**Date of Birth:**.....

Name of Doctor:.....

Does your child have diagnosed anaphylaxis or allergies? Yes No If yes, please state:.....

Is your centre provided with two (2) Epi-pens? Yes No If No, please state reason.....

Has your child suffered from any anaphylactic reaction? Please give details.....

Do you avoid certain foods for religious reasons? Yes No Please advise:.....

Please advise of specific Religious requirements:.....

Has your child been diagnosed with food intolerances?

Yes No If yes, please state: below and answer all text in relation to the specific intolerance:

Type of food:.....Does this affect all foods that may contain that item: Yes No

Can your child have this food in cooking (e.g. in muffins, sauces):.....

Can this food be included in another as a natural flavouring?.....

Type of food:.....Does this affect all foods that may contain that item: Yes No

Can your child have this food in cooking (e.g. in muffins, sauces):.....

Can this food be included in another as a natural flavouring?.....

Please give your contact details to Yummies for Little Tummies to call for any **necessary clarification** relating to your child's special dietary needs. Name:..... Phone:.....

If you would like further information or you have any questions please contact our office:

Phone: 07 3161 8063 Fax: 07 3319 5508 Email: info@y4lt.com.au

www.yummiesforlittletummies.com.au



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Procedure for Approval of Special Dietary Requests

Special Dietary Request Forms will not be approved without all information correctly completed. Please ensure all sections of the Special Dietary Request Form (overleaf) are complete. Forms without:

- Parents Name & contact details will not be accepted
- Name of Doctor will not be accepted
- **Special Dietary Request Form will not be accepted without medical proof. Acceptable proof is:**
 - * - **Doctors Letter**
 - * - **Allergy Specialist**
 - * - **Qualified and Practising Dietician**
- Partially completed forms will not be accepted

- It is mandatory all parents are given a Yummies for Little Tummies Special Dietary Request Form specifically regarding anaphylaxis, food allergies, intolerances and religious reasons. It's important your centre keeps the original document at the centre for their own records and either emails or faxes copies to Yummies for Little Tummies.

- All anaphylaxis, allergies and intolerances must be diagnosed by a suitably Qualified and Practising Medical Practitioner (GP, Allergy Specialist or Dietitian). All Special Dietary Request forms must be accompanied with confirmation of the dietary need by a qualified and practising Medical Practitioner in writing.

- All Special Dietary Request forms (including the medical support letter) must be submitted to Yummies for Little Tummies and approved prior to food being provided. It is recommended during the approval process that parents continue to provide lunch boxes until the approval is granted. If Yummies for Little Tummies is unable to cater for your child you will be notified. Most Special Dietary requests are approved, in this instance your children will appear on the centre special dietary sheet which are emailed to your centre weekly.

- All Special Dietary information must be updated & any changes forwarded to Yummies for Little Tummies for immediate approval, using the Special Dietary Request Form.

- If a child is stated as having an anaphylaxis and the parent has not provided two epi-pens, under no circumstance will Yummies for Little Tummies provide food for that child. For further information please visit: <http://www.allergy.org.au/content/view/366/325/>

- For children who suffer more than two (2) different allergies or intolerances; it is the decision and discretion of Yummies for Little Tummies whether or not food can be provided.

Thank you.

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